Heart Healthy Recipes

Citrus Aioli

2 cloves - Peeled garlic
Grated zest of ½ lemon, lime, orange
$^{1}/_{2}$ tsp - Paprika
$^{1}/_{2}$ tsp - Ground pepper
$^{1}/_{2}$ tsp - Salt
1 - Cooked potato, grated
1 $^{1}/_{4}$ cups Olive oil
$^{1}/_{4}$ cup Cilantro, chopped

In a food processor or blender, chop the garlic and citrus peel. Add paprika, salt and pepper. Add potato and blend, adding water as necessary to make a smooth paste. Slowly pour in the olive oil. Add the cilantro and pulse to blend.

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More recipes are available at: www.mediterrasian.com