Heart Healthy Recipes

Mayonnaise au Pistou

3 cloves - Peeled garlic
$^{1}/_{4}$ cup - Fresh basil, chopped
$^{1}/_{4}$ cup - Olive oil
1 tbs - Tomato paste
$^{1}/_{2}$ - $^{3}/_{4}$ cup - Cream cheese

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More recipes are available at: www.mediterrasian.com